

Explore Careers in PE & Health

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Acupuncturist

[Video \(click Here\)](#)
[Salaries, skills & education \(click Here\)](#)

Acupuncture can treat pain and help people get back to optimal health.



Audiologist

[Video \(click Here\)](#)
[Salaries, skills & education \(click Here\)](#)

An audiologist's focus is to help people manage their hearing health and to ease communication difficulties.

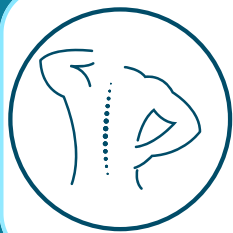
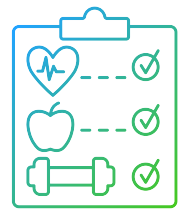
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Certified Personal Trainer

[Video \(click Here\)](#)
[Salaries, skills & education \(click Here\)](#)

A Personal Trainer creates programs, trains clients and adapts programs to fit their progress.



Chiropractor

[Video \(click Here\)](#)
[Salaries, skills & education \(click Here\)](#)

A Chiropractor works with clients doing assessments, adjustments, soft tissue therapy and teaching exercises.

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Courier

[Video \(click Here\)](#)
[Salaries, skills & education \(click Here\)](#)

Couriers work outdoors in a fast-paced environment that requires instant decision-making.



Dietitian

[Video \(click Here\)](#)
[Salaries, skills & education \(click Here\)](#)

A Dietitian works with clients to balance their diets and meet their health goals.

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Grounds Maintenance Worker

[Video \(click Here\)](#)
[Salaries, skills & education \(click Here\)](#)

This career works with landscaping, trail maintenance, road upkeep, stonework, pest control, machine operation, & management.



Licensed Practical Nurse

[Video \(click Here\)](#)
[Salaries, skills & education \(click Here\)](#)

Among the many tasks of a Practical Nurse, they ensure continuity of care, administer injections and track vitals.

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Medical Office Assistant

[Video \(click Here\)](#)
[Salaries, skills & education \(click Here\)](#)

A medical office assistant provides administrative support to ensure smooth daily operation in a medical office.



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****Information from WorkBC**
<https://www.workbc.ca/plan-career/career-trek-videos>

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Medical Sonographer

[Video \(click Here\)](#)

[Salaries, skills & education \(click Here\)](#)

A Medical Sonographer takes diagnostic ultrasound images & prepares preliminary findings to help in a patient's diagnosis.

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Occupational Therapist

[Video \(click Here\)](#)

[Salaries, skills & education \(click Here\)](#)

An occupational therapist helps a person become as independent as possible physically, mentally and socially.



Paramedic

[Video \(click Here\)](#)

[Salaries, skills & education \(click Here\)](#)

Ambulance crew respond to a calls, administer treatment, and transport injured people to the hospital.

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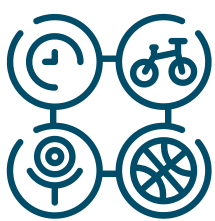
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Physiotherapist

[Video \(click Here\)](#)

[Salaries, skills & education \(click Here\)](#)

A physiotherapist helps people move better, reduce pain, and recover from injuries.



Recreation Director

[Video \(click Here\)](#)

[Salaries, skills & education \(click Here\)](#)

This job includes planning activities, coaching and helping people improve their quality of life.

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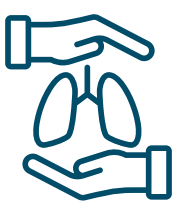
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Registered Massage Therapist

[Video \(click Here\)](#)

[Salaries, skills & education \(click Here\)](#)

A Registered Massage Therapist works with clients to relieve pain & discomfort and increase range of motion, often after an injury.



Respiratory Therapist

[Video \(click Here\)](#)

[Salaries, skills & education \(click Here\)](#)

A Respiratory Therapist looks after the breathing portion of a patient's life support.

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