

Monday, October 7th, 2024



#### **NEW**

- Grad announcement: The Loran Scholarship deadline is next Tuesday, Oct 15th, 2024. See Ms. Dixon in counselling if you have any questions.
- Reminder: School clothing online store is open! Check out the Highland website for the Store Link: <a href="https://highlandsecondary.itemorder.com/shop/home/">https://highlandsecondary.itemorder.com/shop/home/</a>. Orders available until October 18th. Grad wear coming soon!!!
- Congratulations to the following students who placed in the top 10 in the Terry Fox Run. Please see Ms. Jerome in the Library Learning Commons. #1 Cole Reddin #2 Matous Karas #3 Waylon Wright #4 Anu Sanders #5 Van Pritchard #6 Logan Taylor #7 Jett Sanderson #8 Sam Low #9 Malik Phillips #10 Leo Johnson
- MUN Club meeting in 224. We will discuss the upcoming conference, and connect you with some resources to get prepared.
- Boys Soccer Team, there is a short but mandatory 5 minute meeting at the start of lunch in the weight room.
- Grade 8 boys Volleyball, a reminder to meet in the front foyer at 2:00pm today for your game at Southgate in Campbell River.
- Evan de Otter, Caylin Schnyder and Cameron Orr, you are helping Ref and score keep today's Gr. 8 girls volleyball game from 3:30-5pm.
- Grad Council meeting this Wednesday, October 9th at 8:30 am in room 213!
- THIS week in the Theatre Department: Wed Oct 9 LUNCH: JR improv grade 8-11; THURS AFTER SCHOOL Oct 10: SR improv grade 12s; FRIDAY Oct 11 FLEX: Girls Like that rehearsal; Sunday OCT 13: 12-4 Girls like that rehearsal
- The Creative Writing Club is starting up! We meet every Friday at lunch in room 116. Come to this chill environment where you can work on any project you like, write from prompts, share your ideas/writing if you want and meet like-minded folks. All are welcome! See Ms. Munro if you have any questions.
- Any photographer interested in participating in the Incubator Photography program, see Ms. Munro. Incubator is a program that allows photographers to practice their craft with a mentor from the industry. A theme is given out and one photograph will be created and submitted. It's a friendly, supportive environment that allows for all types of creativity.
- Looking to apply for work up Mt Washington this year? Well you are in luck, dust off your resumes and sharpen your interview skills because MT Washington hiring staff will be here this Thursday Oct 10th at lunch in the main hallways to take your applications and resumes. If you would like help to fix up your resume, please come to the careers office before then.
- Thursday October 10th is World Mental Health Day. The objective of World Mental Health Day is to raise awareness of mental health issues and encourage efforts to support those experiencing mental health issues. Come check out our booth at lunch time for more information on free mental health supports.
- Photo retakes will be Thursday, October 24<sup>th</sup>.
- This Friday's flex is Flex Day 4 H G F Lunch E Flex.

# **OLD NEWS**

- **VENDING MACHINES REMINDER:** A reminder the office is not responsible for any lost money or items from the vending machines. If you did not receive your item or you were short changed, there is a number on the vending machine that you can call.
- Breakfast club Breakfast club is in room 114, doors open at 8:30 am and everyone is welcome!

#### **SPORTS**

## WORK EXPERIENCE

- Any students interested in attending UVICs Gustavson School of Business in the future that may wish to meet with one of their advisors please come see Tracey in the careers office ASAP to book a spot. We will have limited time so please sign up right away.
- Jelly Academy Digital Marketing Bootcamp is being offered once again to our grade 11/12 students. If you are interested in taking this digital marketing course that will earn you 8 micro credentials for a discounted rate, please see the poster in the careers center. The cost of this course is \$ 350 dollar for a \$ 4000. Dollar course. You must register by Oct. 22, this a full online offered course, work at your own pace for 3 months. Start date is Oct 29th to Jan 28, 2025.
- Volunteers needed for the Strathcona Bears Hockey Tournament on Thanksgiving weekend Oct. 12-14. They are needing volunteers to run the time clock and score card for the tournament. For more information on how to volunteer come see the board in the careers office
- The Careers office is now open Mon, Tue, Thurs, and Friday (Closed on Wednesdays). Please email Tracey if you would like to set up an appointment or pop in and we can book something.

### **GRADS**

Grade 12s - Early Entrance Applications for most Universities have opened. UBC is opening soon so keep an eye out for this one. You should begin your application process asap if you are interested in accessing entrance scholarships and early admission to the larger Post Secondary Institutions in Canada. Questions? See Mrs. Mtawali room 110."

# **Concession**

Monday – Pizza	Tuesday – Pizza	Wednesday - Pizza
Thursday – Pizza	Friday –Pizza	