



# September

## MARK ISFELD ANNOUNCEMENTS

Sept 16, 2024

TODAY'S BLOCKS: Day 1 ABCD FLEX

THIS FRIDAY: Day 2 GHE F Flex

### NEW!

For important but "previously run" current events and reminders, be sure to check the re-runs and items below:

**Improv** - first rehearsal today at 3:15 on the STAGE.

**Don't have time for breakfast? or still hungry when you get here?** – Monday, Wednesday, Friday 8-8:50am in the front foyer, there will be bagels, muffins, yoghurt and more available to all students and staff. Everyone is welcome to grab something before the day begins. Come check it out!

**First Aid Certification** - we are offering a **First Aid certification on Thursday Oct 3**. If you are interested, come to the career's office to register.

**Pizza** – for sale in the canteen today. \$3/slice or 2 for \$5. Flavours are: BBQ chicken, Hawaiian, Pepperoni and Cheese. Pizza sales will be happening every Monday, Wednesday and Friday.

**Clubs Day** – happening this Thursday at the outdoor classroom at lunch. Come check out all the awesome activities that Isfeld has to offer, there's something for everyone!

**Choir** – meet today at lunch and Thursday Sept 19<sup>th</sup> after school 3:15-4:30.

**Snr Boys Soccer** - reminder to Senior Boys soccer players that we will have a tryout after school today at the Valleyview field from 3:30-5:00. The Junior tryout will remain on Tuesday.

**Isfeld's Garden Club** - is starting on Tuesday at lunch in room 401. Bring your lunch and your garden ideas! We will be starting our mushroom block, gleaning sweet pea seeds, and planning our first field trip. Everyone is welcome! If there are any staff who want to join us, you are also welcome!

**Cross Country** – There will be a cross country run team practice today after school from 3:15-4:30pm. Be quick to change and be ready to run by 3:20. Everyone welcome, no experience necessary.

**Trail Closure** – if you use the trail running along Glen Urquhart Creek (chip trail), please be aware that the trail will be closed between **Sept 16-19** between Thorpe Ave and Browning Place/Sitka Ave.

**Do you have a passion for the environment?** Do you want to make a difference in your school community? Join us for **Environment Club Mondays at lunch in room 201**. First meeting this Monday at lunch, come and find out about what cool projects we have done, like organizing an annual eco fair, running our school compost program, clothing exchanges, tree planting and many more fun opportunities. Meet new people and make a difference for our planet. If you have any questions before hand or want to know more ask Ms. Beckett, in room 201.

**Model United Nations club/class** - meeting at lunch Tuesday in the LIBRARY. Come learn more about this club and our plans for the year as well as how you can earn course credit. If you have any questions beforehand, see Ms. Beckett or Ms. Mather.

**Sports Leadership** - a reminder that there is a Sports Leadership/ Leadership meeting today in room 510 at lunch. See Mr. MacKinnon if you can't make it.

We are less than 3 weeks away from Isfeld's Terry Fox Run. Thanks to those who have donated to the Terry Fox Foundation so far. Remember you can donate any money fundraised from family, friends and community members directly online to your TA at "<https://schools.terryfox.ca/79229/>" OR you can give cash to your TA teacher, who will give it to the accounting office. Happy fundraising!

**Gr 8 Boys Volleyball** – practice after school 3:30-5pm.

**Gr 9 Boys Volleyball** – practice today 7-9pm.

**Gr 10 Boys Volleyball** – practice today.

**Snr Girls Volleyball** – practice tonight 5-7pm in the gym.

**Snr Boys Volleyball** – practice tonight 7-9pm.

**MITV** – check out the teaser video for the upcoming MITV year: <https://youtu.be/bSy9p8vJqIY>. Also available on our website under Announcements.

**September 18-22 is Consent Awareness Week** --- **Consent Awareness Week** invites folks to have thoughtful, affirming, intersectional and age-appropriate conversations about consent. Responding to rejection, articulating boundaries, respecting bodily autonomy and active listening are valuable life skills. This week is a significant opportunity to reflect, champion, and celebrate consent as a cornerstone of all relationships, not just intimate ones. We invite you to get the facts and educate yourself and your peers. Join us in the front foyer to learn more & create a safer place for all.

\*Come make a button to show your support!

\*Watch TVs for more info about Consent and why it is so important

### MEETINGS AND PRACTICES TODAY

TIME	GROUP/ACTIVITY/EVENT	PLACE	REASON
3:15	Improv	Stage in Drama Rm	Rehearsal
Lunch	Pizza sales	Canteen	Lunch
Lunch	Choir	Music Rm	Rehearsal
5-7pm	Snr Girls Volleyball	Gym	Practice
3:15-4:30pm	Cross Country	Gym lobby	Practice
7-9pm	Snr Boys Volleyball	Gym	Practice
3:30-5pm	Gr 8 Boys Volleyball	Gym	Practice
7-9pm	Gr 9 Boys Volleyball	Gym	Practice
Lunch	Sports Leadership	Room 510	Meeting
3:30-pm	Snr boys Soccer	VV field	Try outs

### RE- RUNS

**Prize to say “Hi”!** To enter to win a Starbucks gift card find room A107 in the Student Services and meet Kyla – Youth and Family Program worker. Once you have **spoken** to Kyla, your name will be entered into a draw. 2 names will be picked out of a “hat” and will get a Starbucks gift card. The draw will close on **Friday September 27th** at 3:10. If you are the winner a gift card will be brought to you during TA.

**Isfeld’s annual Terry Fox run** – will take place on **Friday, October 4<sup>th</sup>**. Last year Isfeld raised an impressive \$6908.28 for the Terry Fox Foundation, which was one of the top schools in BC! Funds raised will again be donated to the Terry Fox Foundation, which has worked to achieve Terry’s vision – a world without cancer. The TA who raises the most money will be rewarded with a pizza party. Use the following link:

<https://schools.terryfox.ca/79229> and donate directly to your TA. Thanks in advance for all your efforts!

### CAREER CENTRE/ WORK EXPERIENCE/VOLUNTEERING

**Project Watershed needs you as a volunteer!** Do water quality monitoring in local waters and get your volunteer hours, or build it into a Capstone project in grade 12. Training starts next week Sept. 18-19. Sign up at [www.projectwatershed.ca!](http://www.projectwatershed.ca!)

**Food Safe course** - There will be a Foodsafe course offered Thursday Oct 10, 2024. It will be a full day course held at Glacier View school. Cost \$30. Please come to the career’s office to register.

**Volunteer opportunity** - are you looking for a rewarding volunteer opportunity? Big Brothers Big Sisters of Victoria is looking for In-School Volunteers for Valley View School for this school year 2024-2025. Volunteering takes place during school hours. Come to the Career’s office for more information.

**WEX course** - are you taking a WEX course through the Career’s office? Please remember to bring your outstanding documents in.

**BURSARIES/SCHOLARSHIPS**

**GRADS**