# **Miracle Beach Elementary School Newsletter**

Hello Miracle Beach Families,

Here are this week's information items. New items are in Yellow.

#### Week at a Glance

October 21	October 22	October 23	October 24	October 25
Yard Clean Up – Ms. Cadden's Class 10:45 – Drop Everything and Read (DEAR)	Leadership – Recycling  Oyster River Fire Department (Reading with Primary Classes)  Field Trip – Ms. Mckay, Ms. Gailloux's class - Curling  Noon - Choir (Grade 4 to 7)  2:45 – Health and Safety	Cross Country @ Huband Elementary	1:00 – Fire Drill  Field Trip – Ms.  McKay's Class – CR  Museum	Pro-D Day – No School
October 28	October 29	October 30	October 31	November 1
Yard Clean Up – Ms. Cadden's Class Grade 6 Immunizations Grade 7 Volleyball @ Home vs Huband	Noon - Choir (Grade 4 to 7)	Grade 6 Volleyball @ Huband Halloween Dance	9:00 - Halloween Assembly	Island Health Hand Washing Presentation for Grade 1 Students Hot Lunch Noon – Tone Chimes 2:30 – Open Gym

#### Upcoming dates to note:

- November 11 Remembrance Day No School
- November 21 Parent Teacher Meetings
- December 4 Winter Concert (Primary)
- December 5 Winter Concert (Intermediate)
- December 6 Senior's Tea
- December 13 PAC Winter Market
- December 20 Last Day Before Winter Break

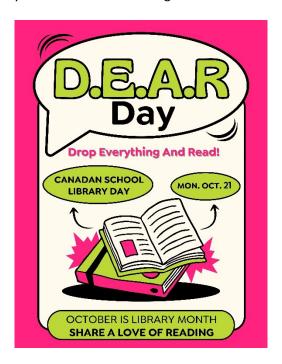
#### **Strong Start**

We look forward to welcoming families back for **Strong Start on October 22**. Strong Start will only run Tuesdays this year (unfortunately, we no longer have access to Friday Strong Start).

Thank you for your understanding and support while we worked to get Strong Start back running again.

#### **Drop Everything and Read**

Monday, October 21st is Canadian School Library Day, and to celebrate the valuable role libraries play in students' lives, Miracle Beach will be doing a 'Drop Everything and Read' (DEAR) for 15 minutes after recess. The goal is to have everyone in the school reading at the same time!



#### Reminder of rules on the school bus

Parents, please take a moment to review the district school bus rules with your children. Ensuring that students understand the importance of staying seated, using quiet voices, and following the driver's instructions helps keep everyone safe. Your support in reinforcing these guidelines is key to making our bus rides safe and smooth for all!

- Remember that the bus driver is in full charge at all times. Follow his or her instructions about staying seated and quiet and do nothing that might distract the driver's attention from the road.
- You may be assigned a seat in which you must be seated at all times.
- Remain seated while the bus is in motion.
- Never throw objects of any kind on the bus.
- The bus driver is authorized to confiscate from a student any object or implement he or she feels has the potential to inflict bodily injury or cause damage to the bus.
- The following activities are not permitted on the bus:

- Eating
- o spitting
- shouting
- o obscene language
- damaging the bus
- Never engage in fighting or horseplay on a bus.
- Do not throw waste or any other item on the floor or out of bus windows.
- Do not at any time extend your arm(s) or head out of bus windows.
- Keep backpack, and other items out of the aisle
- The motor vehicle inspection division disallows the carrying of suitcases, hockey sticks, large musical instruments, skateboards, or skis on school buses.
- Any damage to the bus or to equipment must be reported at once to the driver.
- No student will be allowed to sit in the driver's seat or on the engine cover.

#### **PAC News**

The PAC will be holding a family Halloween dance on the evening of Wednesday October 30th.



"Pre-sales for the sinisterly delicious Forbidden Zone Pizza are now available for our spine-chilling Halloween Dance! (Held on Oct 30th at 5pm) Sink your teeth into the best pizza in town, but be warned... it's frighteningly good!

Grab your slice of the action before it vanishes! Pre-order now at <a href="https://mbpac.hotlunches.net">https://mbpac.hotlunches.net</a> and ensure you don't miss out on this fang-tastic treat!

The Halloween Dance is more than just fun—it's a fundraiser for the PAC, and we've been cursed with good luck thanks to Forbidden Zone Pizza for helping make this event a monstrous success!

Don't wait... or you'll be haunted by the missed opportunity! 🍪 👂 "



#### Choir

Choir Retreat – November 21st, 2024 from 9 am – Noon

Once again, this year, we will be holding our choir retreat morning on Parent – Teacher Interview Day. All choir members are encouraged to join us at the school for a morning of fun, team building, and choir rehearsal time. A permission form will be sent home soon.

**CBC Music Class Challenge** – We are once again participating in the Music Class Challenge. We will video record our song and it will be submitted to CBC and posted on their YouTube channel. All submissions are entered into the challenge for an opportunity to win first prize (\$3000) in each category. More information will be coming. If DO NOT WANT YOUR CHILD IN THE VIDEO, please let Miss Boersma know. Your child should be practicing and memorizing the song. We are planning to record the song on Thursday, November 14<sup>th</sup>. Information and songs for practicing are on Miss Boersma's website.

#### Remembrance Day Assembly – November 8, 2024 @ 10:30 am

The choir will be performing a song at the assembly. Parents are welcome to attend the assembly.

#### K-3 CBC Music Class Challenge

Students in K - Grade 3 (Stride, Berg, Nesbitt, Ralph, Rodger) will be participating in the CBC Music Class Challenge this year. For more information CBC Music Class Challenge, just click on the link.

Students will need to have the song memorized. We've already started practicing at school with actions. All classes will be singing together, and we will record the song in November. The recording will be submitted to CBC and posted on their YouTube channel. All submissions are entered into the challenge for an opportunity to win first prize (\$3000) in their category. You can access and practice the song from Miss Boersma's Website.

More information will be coming. If DO NOT WANT YOUR CHILD IN THE VIDEO, please let your classroom teacher or Miss Boersma know.

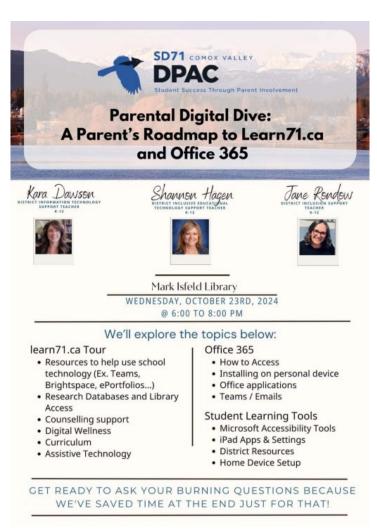
#### **Photo Ordering**

If you did not receive your child's photo order form or have misplaced it, please see the login info below to view/order photos:

#### https://shop.imagequix.com/g1001160109

Online code is student number (contact the office if you do not know your student #) and use the email address <a href="mailto:no@noone.com">no@noone.com</a>

#### **Community Information**



# CONNECT & | LEARN WITH US!



# In-Person Community Events for Parents & Caregivers

**Location:** Mark Isfeld Secondary (Multipurpose Room) 1551 Lerwick Rd, Courtenay

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Date: Wednesday, October 23, 2024

Time: 6:30 pm - 8:00pm





## A Conversation for Families About Digital Wellbeing and Mental Health

How much time should our kids spend on technology? How can we set boundaries that don't create conflict? Learn some practical solutions to our everyday concerns and challenges around our kids' use of screens and their mental health. Join us to listen to Dr. Kristy Goodwin, Digital Wellbeing and Productivity Researcher, Speaker, Author and Consultant.

This video presentation will be followed by a facilitated discussion by the Family Peer Support Workers in Comox Valley.

Cost: Free

Register at: familysmart.ca/events

**Questions?** Email:

megan.watson@familysmart.ca or phone/text: 250-890-2393

familysmart.ca

#### Topic: 'A Conversation for Families about Digital Wellbeing and Mental Health'

How much time should our kids spend on technology? How can we set boundaries that don't create conflict? Learn some practical solutions to our everyday concerns and challenges around our kids' use of screens and their mental health.

Join us to listen to Dr. Kristy Goodwin, Digital Wellbeing and Productivity Researcher, Speaker, Author and Consultant. This video presentation will be followed by a facilitated discussion by Carolyn McCarthy and Megan Watson, Family Peer Support Workers in the Comox Valley.

When: Wednesday, October 23 from 6:30-8:00pm Where: Mark Isfeld Secondary (Multipurpose room)

**Register**: For more information and to register, <u>click here</u>. Even if you are not sure if you can make it, we encourage you to register as you will receive access to resources following the event via email.

\*While the event is held at the secondary school, this event is for parents of all school aged children and youth who might be struggling with anxiety.

## **Pictures**































Feel free to email me at <a href="mailto:zale.darnel@sd71.bc.ca">zale.darnel@sd71.bc.ca</a> if you have any questions or comments.

Respectfully,

### Zale Darnel

Principal, Miracle Beach Elementary