

Miracle Beach Elementary School Newsletter

Hello Miracle Beach Families,

Here are this week's information items. New items are in **Yellow**.

Week at a Glance

January 13	January 14	January 15	January 16	January 17
Ms. Street's Class – Yard Clean Up	9:00 – Strong Start	Soup Day 6:30 – PAC Meeting	Mr. Nelson, Mr. Biegler, Ms. Cadden, Ms. Gravel's Classes - Field Trip - Skiing Salad Bar (Divisions 5 to 8)	No Hot Lunch 2:30 – Open Gym
January 20	January 21	January 22	January 23	January 24
Ms. Street's Class – Yard Clean Up 10:00 - Grade 4 Symphony Field Trip	9:00 – Strong Start 2:45 – Staff Meeting	Recycling – Leadership Boys Basketball @ Home vs Valley View Girls Basketball @ Aspen Park	Mr. Nelson, Mr. Biegler, Ms. Cadden, Ms. Gravel's Classes - Field Trip - Skiing Salad Bar (Divisions 5 to 8)	School Sprit Day – Superhero/ Super Villian No Hot Lunch 2:30 – Open Gym

Upcoming dates to note:

- February 13 – Summaries of Learning Sent Home (Primary Students Only)
- February 17 – Family Day (No School)
- February 18 – Professional Development Day (No School)
- March 7 – Last Day of Term 2

Join Us for the Next PAC Meeting

We warmly invite all parents and guardians to attend the next **Parent Advisory Council (PAC) meeting** on **Monday, January 15, at 6:30 pm** in the **Miracle Beach School Library**. This is a great opportunity to connect with other families, share ideas, and get involved in supporting our wonderful school community. Your voice and participation make a difference! We look forward to seeing you there.

For those who would prefer to join the meeting remotely the link is below:

<https://comoxvalleyschools-ca.zoom.us/j/69233535217?pwd=E1qoeyu5TPagNuXyYLTpk2R4tkmuUR.1>

Meeting ID: 692 3353 5217

Passcode: 344354

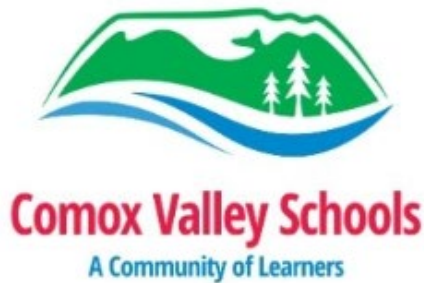
Kindergarten registration for the 2025-2026 school year opening soon

Comox Valley Schools is pleased to announce the opening of kindergarten registration for the 2025/26 school year.

Registration Dates and Programs

Neighbourhood Schools (most students):

- Registration Opens: **Tuesday, January 21 at 6 p.m.**
- How to Register: Online at www.comoxvalleyschools.ca/student-registration
- Details: Parents should register their children through the website above for their current neighbourhood catchment school. While most students will be accommodated at their local school, placement cannot be guaranteed and may require attending the nearest school with available space.



**KINDERGARTEN
REGISTRATION
OPENS SOON ONLINE**

**JANUARY 14 @ 6 PM
INDIGENOUS
FRENCH IMMERSION
MONTESSORI**

**JANUARY 21
NEIGHBOURHOOD
SCHOOLS (MOST
STUDENTS)**

**OPENS IN EARLY
FEBRUARY
NAVIGATE/NIDES
FINE ARTS ACADEMY
COMPASS**

**TO REGISTER AND FOR MORE INFORMATION VISIT
[WWW.COMOXVALLEYSCHOOLS.CA/KINDERGARTEN-
REGISTRATION](http://WWW.COMOXVALLEYSCHOOLS.CA/KINDERGARTEN-REGISTRATION)**

Salad Bar Ordering Information

We are thrilled to introduce **Thriving Thursday Lunch (Salad Bar)**—a special lunch program designed to give students a fun and interactive way to make nourishing choices and enjoy a delicious, balanced meal! We will begin Thriving Thursdays on Thursday January 16 until March 13. A new round will begin after spring break.

Here's how it works:

- **What's on the Menu?** Each Thriving Thursday, students participate in a salad or burrito bar, where they can choose from a variety of vegetables, fruits, and proteins to build their ideal lunch.
- **Rotating Schedule:** To keep things simple and efficient so the students have enough time to eat their meal, we will alternate weeks for different divisions:
 - **Divisions 5 to 8** will participate for one week. (Rogers, Gailloux, McKay, Street)
 - **Divisions 9 to 12** will participate the following week. (Nelson, Biegler, Cadden, Gravel)
- **For Younger Classes:** Divisions 1 to 4 will receive a share plate in their classroom at no cost. This lets our younger students experience choice and explore new foods in a supportive setting.

Cost and Payment Details

- The cost for participating students is **\$5 per lunch**.
- **Ordering Platform:** We are using **Munch a Lunch** for easy ordering! Please note that payments should be sent by e-transfer to a new email address **mbcsc@learn71.ca**—please double-check to ensure payments are sent to the correct account. (This is a separate ordering platform from Hot Lunch/Fun Food Fridays)

We're excited to offer this opportunity for students to learn about nourishing foods and enjoy some delicious choices. Please feel free to reach out if you have any questions about Thriving Thursday Lunches or the new payment system.

HOW TO REGISTER:

- 1) Go to: <https://munchalunch.com/schools/miraclebeach>
- 2) Click the "**Register Here**" button (as shown below). The system will guide you through.
- 3) After adding your children, click the green "Order Lunch!" button to order.
- 4) Next time, just click the "**Login Here**" button to access your account.

ORDERING INFORMATION:

- Online ordering will be OPEN from Jan 7th to Jan 14th
- If you need assistance with ordering, please contact Joanne at mbcommunity@gmail.com

Riding The School Bus

We want to remind families that students are only able to ride their assigned school bus for travel to and from school. There is a First Student rule to ensure all students on a bus are accounted for safety reasons. This means that students are unable to switch busses or catch a different bus other than their assigned bus. Thank you for your understanding and support in helping us keep everyone safe and accounted for.

Pictures







Community Information

Courtenay Recreation Center

City of Courtenay is offering a FREE program for families with children ages 8-12 (and their siblings 6-7 or 13-14). If families attend 8/10 sessions, they will get \$150 gift card to use on programs at Courtenay Rec! The program supports participants to make family changes to: Healthy Eating, Physical Activity, Wellness, Screen time and Sleep. The main portion of the in-person session is time where families learn and play together, then for a smaller portion of the session the Physical Activity Facilitator and Group Assistant take the children to the gym and the parents remain in the classroom with the facilitator to cover more in-depth topics. We are one of only 5 locations in BC that were chosen to offer the program, and the only location on the island!

<https://generationhealth.ca/community/register/>

LIFE IN THE FAST BRAIN

For ADHDers (age 10-13) and their families

2 Groups for 1 family

YOUTH EXPERIENCE

- ✓ Movement
- ✓ Activity-based
- ✓ Fast-Paced
- ✓ Self Discovery

CAREGIVER EXPERIENCE

- ✓ Strategies
- ✓ Connection
- ✓ Empowerment
- ✓ Self Discovery

Dates: Tuesdays, Jan 21 - Mar 11*
*(no group Feb 4)

Time: 6:00 - 7:30 PM

Location: Foundry Comox Valley
575 10th St, Courtenay

✓ Dinner provided

✓ Childminding for younger siblings

JohnHoward
The John Howard Society of Health Island

Please email rachel.ducommun@jhsni.bc.ca to register
or scan the QR code to provide your contact info



BLACK CREEK
community centre

Canadian Red Cross Babysitter's Course

Ages 11+

Saturday, JAN 18th
8:00 am - 5:00 pm
\$85

- ✓ Basic First Aid
- ✓ Important Childcare Skills
- ✓ Safety Tips for Children
- ✓ Making a Safe Environment
- ✓ How to Handle Emergencies

Reserve your spot
Space is Limited

CALL: 250-337-5190 or www.blackcreek-cc.com

Feel free to email me at zale.darnel@sd71.bc.ca if you have any questions or comments.

Respectfully,

Zale Darnel
Principal, Miracle Beach Elementary